



Located in Dover, Florida,
Hinton Farms was founded
in 1980 by Elton L. Hinton
and his sons. Hinton Farms
specialize in strawberries
and blueberries, along with
squash, zucchini, eggplant
and other assorted fruits
and vegetables.

- Strawberries are the only fruit with seeds on the outside.
- Strawberries have an average of 200 seeds on each berry.
- Strawberries are the first fruit to ripen each spring.
- Strawberries are grown in every single U.S. state!
 - Just 8 strawberries contain MORE VITAMIN C than an orange!

Locally grown Strawberries served in your café this February!







Visit **fcsnutrition.com** for menus and more info!

This institution is an equal opportunity provider